

**POWERHOUSE GYM**  
**16251 Woodward**  
**Highland Park, Mi. 48203**  
**(313) 868-1035**

**Powerhouse Gym Highland Park**  
**is the first and original Powerhouse**  
**founded by Will and Norm Dabish in 1974.**

**Hours of operation are**  
**from 5am to 10pm Mon – Fri. and 8am to 8pm Sat/Sun**

## **Membership includes**

### **Cardiovascular Equipment**

**Treadmills, Upright bikes, Recumbent bikes, Stairmasters**  
**Free climbers, Step mills, Elliptical trainers**

### **Circuit Training**

**Icarian, Cybex classic,**  
**Cybex gallio, Hammer strength P.L.**

**Over 20 nationally certified trainers,**  
**free orientation session,**  
**free health and**  
**fitness evaluation**  
**Locker rooms, saunas, showers**

**\$200 for the whole year**

**for State Employees showing a valid**  
**state employee ID card.**

**(Regular price: \$299.00. Save \$99!)**

**[www.powerhousegym.com](http://www.powerhousegym.com)**